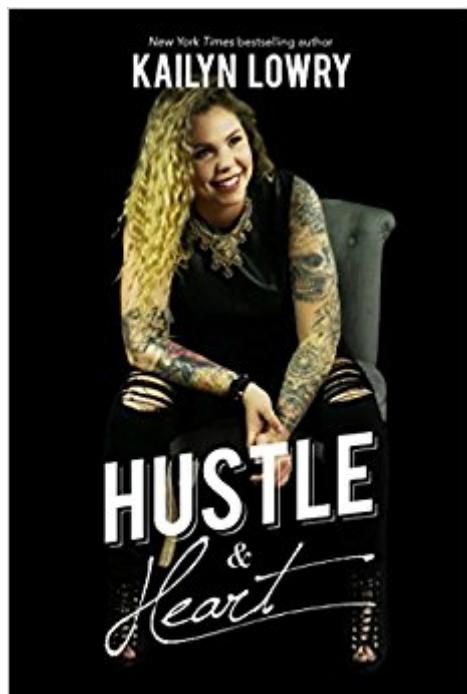


The book was found

Hustle And Heart



Synopsis

New York Times bestselling author and Teen Mom Kailyn Lowry shares stories from her own life and offers up inspiration and advice for life's challenges. As a small-town girl turned teen mom, reality TV star, bestselling author and social media celebrity Kailyn Lowry has been through some crazy ups and downs. Now she's sharing the inspiration that got her through it all. Hustle and Heart is packed with inspiring motivational messages, personal advice and relatable experiences for those making their way through life's challenging mix of joy and hardship. From bullying, sexual assault and body image to motherhood, marriage and career challenges, Kailyn wants you to know that there's nothing you can't survive with a little bit of hustle and heart.

Book Information

Hardcover: 160 pages

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Product Dimensions: 5 x 0.8 x 7 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 3.3 out of 5 stars 56 customer reviews

Best Sellers Rank: #66,050 in Books (See Top 100 in Books) #157 in Books > Biographies & Memoirs > Arts & Literature > Television Performers #551 in Books > Biographies & Memoirs > Arts & Literature > Actors & Entertainers #559 in Books > Humor & Entertainment > Movies > Biographies

Customer Reviews

Kailyn Lowry is the feisty, tattooed beauty whose determination to raise her son on her own terms has been documented on MTV's hit series *Teen Mom 2*. She is the author of the *New York Times* bestseller *Pride Over Pity* and *Love is Bubblegum*.

I enjoyed reading this book. I have been following the Teen Mom's since the 16 and pregnant first aired. At that time, I was 19 and pregnant and watched the show to relate in many ways. I feel like I have gotten the chance to watch everyone grow. Kail is such a strong person. Reading this book helped me look at things in a different light in my own life. I am happy that Kail shared her

experiences and positive attitude. Very inspiring. Love her motivation. Will definitely be reading this over and over.

Although well written, it just Kailyn giving life advice. Not much of a story

Love it! Fast shipping! Excited to read it!

I've been a fan since you stepped on the scene in 16 and pregnant. You are a true warrior and an inspiration!

Read it in two days! Great!! Loved it!!! I could relate to a lot of what she's been through

The kindle version is full of typos and grammar mistakes. Other than that, it was dull and repetitive. I don't recommend it.

Kail never fails to deliver, inspiring, a great read!

Amazing , she is definitely someone anyone can look up to ,finished this in a day I just couldn't stop

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